

fitnesspark puls 5, zürich

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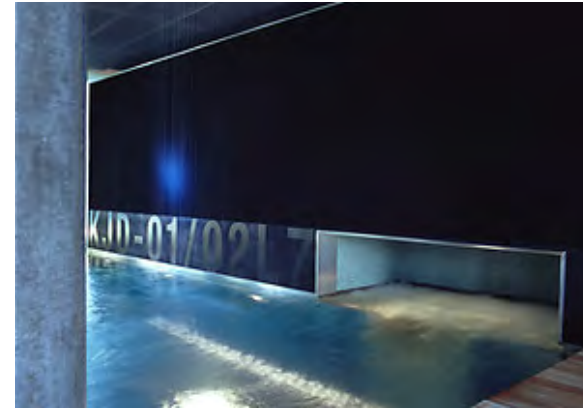
As an architectural highlight, constructed around the old foundry hall, the fitness park Puls 5 is animated by means of contrasting cubic/organic and body/machine.

On 3800 sqm and two floors, Puls 5 offers the whole package of fitness and wellness: 170 training stations in the large fitness arena provide strong muscles, whereas the unique landscape of baths with kneippism, sauna, steam bath, cold-water pool and a room for meditation offer relaxation afterwards.

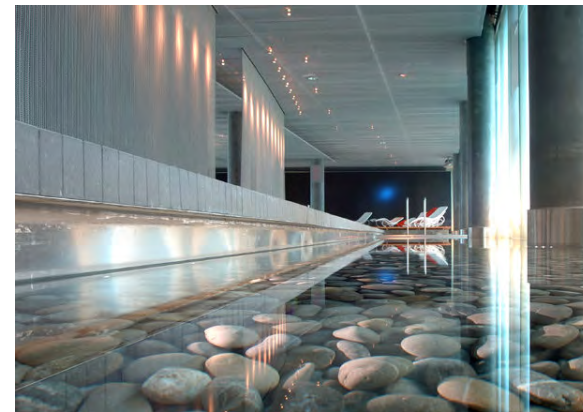
Client:
Migros-Genossenschaft Zürich
Architectur:
Oberholzer + Brüscheiler Architekten
Interior design:
Ushi Tamborriello
Opening:
August 2004
Scope of Work:
General light planning
Project focus:
Fitness and Wellness



1



4



4



2



3



6

- 1 Fitness
- 2 Steam room mixed
- 3 Reception
- 4 Pool
- 5 Kneipp- Parcours
- 6 Steam room ladies